Breed	Male Weight (kg)	Female Weight (kg)	RER Male (kcal/day)	RER Female (kcal/day)	Sedentary (1.2–1.4×RER)	Active (1.6–2.0×RER)	Weight Loss (1.0–1.2×RER)	Weight Gain (2.0–2.5×RER)
Aksaray	60–70	50–60	1540–1760	1270–1540	1848–2464	2464–3520	1540–1880	3080–4400
Alabai	70–90	60–80	1760–2200	1540–2000	2112–3080	2816–4400	1760–2400	3520–5500
Anatolian Shepherd	50–65	40–60	1420–1680	1180–1540	1700–2350	2270–3360	1180–1840	2360–4200
Bernese Mountain Dog	35–55	30–50	1100–1580	980–1400	1200–2210	1760–3160	980–1400	1960–3950
Boerboel	60–90	50–80	1540–2200	1270–2000	1850–3080	2460–4400	1540–2400	3080–5000
Bully Kutta	55–80	45–70	1450–2100	1270–1820	1740–2940	2320–4200	1450–1820	2900–4550
Cane Corso	45–50	40–45	1280–1400	1180–1280	1540–1760	2048–2800	1280–1540	2560–3500
Caucasian Ovcharka	65–80	55–70	1860–2200	1600–1880	2230–3080	2980–4400	1860–1880	3720–5500
Dogo Argentino	40–45	35–40	1120–1220	1020–1100	1340–1710	1790–2440	1120–1220	2240–3050
Dogue de Bordeaux	50–60	45–55	1420–1600	1270–1460	1700–2240	2270–3200	1420–1460	2840–4000
English Mastiff	100–120	80–100	2600–3100	2000–2600	3120–4340	4160–6200	2600–3120	5200–7750
Fila Brasileiro	50–60	45–55	1420–1600	1270–1460	1700–2240	2270–3200	1420–1460	2840–4000
Great Dane	140–175	110–140	3620–4700	2800–3700	4350–6580	5790–9400	3620–4440	7240–11,750
Greater Swiss Mountain Dog	50–65	45–60	1420–1680	1270–1540	1700–2350	2270–3360	1270–1540	2540–3850
Irish Wolfhound	55–70	45–60	1600–1900	1270–1540	1920–2660	2560–3800	1600–1840	3200–4750
Kangal	50–65	45–60	1420–1680	1270–1540	1700–2350	2270–3360	1270–1540	2540–3850
Leonberger	75–85	60–75	2100–2360	1600–2000	2520–3300	3360–4720	2100–2360	4200–5900
Neapolitan Mastiff	60–70	50–60	1540–1760	1270–1540	1850–2460	2460–3520	1540–1880	3080–4400
Newfoundland	60–70	50–60	1540–1760	1270–1540	1850–2460	2460–3520	1540–1880	3080–4400
Perro de Presa Canario	50–60	45–55	1420–1600	1270–1460	1700–2240	2270–3200	1420–1460	2840–4000
Pyrenean Mountain Dog	55–65	45–55	1600–1800	1270–1460	1920–2520	2560–3600	1600–1460	3200–3650
Saint Bernard	70–90	60–80	1760–2200	1540–2000	2110–3080	2816–4400	1760–2400	3520–5500
Scottish Deerhound	40–50	35–45	1120–1280	1020–1180	1340–1790	1790–2560	1120–1220	2240–3050
Tibetan Mastiff	60–75	50–65	1540–1900	1270–1680	1850–2660	2460–3800	1540–1900	3080–4750
Toso Giant Breed	50–70	45–60	1420–1760	1270–1540	1700–2460	2270–3520	1420–1880	2840–4400
Volkdav	50–70	45–60	1420–1760	1270–1540	1700–2460	2270–3520	1420–1880	2840–4400
Spanish Mastiff	50–70	45–60	1420–1760	1270–1540	1700–2460	2270–3520	1420–1880	2840–4400

☑ Notes:

RER = Resting Energy Requirement (kcal/day) = `70 × (Weight kg)^0.75`

Daily Calories = `RER × Multiplier`

Multiplier depends on **activity or goal**: sedentary 1.2–1.4, active 1.6–2.0, weight loss 1.0–1.2, weight gain 2.0–2.5

Male/female ranges reflect **typical adult sizes for giants**.

All values are **starting points**; owners should monitor body condition score and adjust weekly.